

With decades of experience in leading Freedom Prayer teams across the world, Jennifer Barnett has firsthand experience in helping Christians develop the spiritual disciplines of praying effectively, experiencing inner healing, and engaging in a deeper relationship with God. Her interactions with numerous Christians who were frustrated with a lack of spiritual

closeness to God compelled her to write *First Freedoms*. She wanted Christians to be encouraged in their walk with God. Thus, her book equips Christians with the foundational tools they need to achieve success in their spiritual walk and find true freedom in Christ.

JENNIFER BARNETT

CREDENTIALS

Jennifer Barnett is the executive director of Freedom Prayer, a non-profit ministry devoted to training and building prayer teams across the globe with tools for freedom. She has founded and equipped Freedom Prayer teams across the country and around the world. Passionate about the church and prayer, she speaks about, advocates for, and writes on knowing God, inner healing, and the Christian journey.

She is a member of Ethos Church, Nashville, Tennessee, which is a Church of Christ.

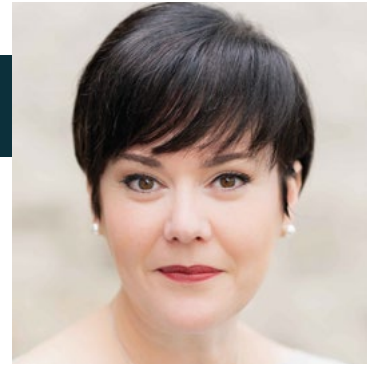
EXPERTISE

- Executive director of Freedom Prayer
- Assists churches in both training and building Freedom Prayer teams
- Coauthor of *Freedom Tools*
- Has led thousands of prayer times for adults, teenagers, and children
- Ministry partnership with a variety of non-profits and organizations

AVAILABILITY

Jennifer is widely available by phone, Zoom, or in person (CST).

To book an interview, contact Chad Harrington, 615-440-7585, info@himpublications.com.



ONLINE

- Website: Freedomprayer.org
- Facebook: [Freedom Prayer](#)
- YouTube: [Freedom Prayer](#)

PUBLIC SPEAKING

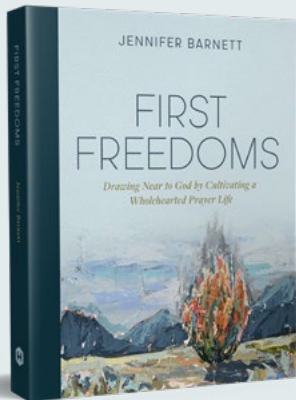


- Lead trainer/speaker at Freedom Prayer conferences at Ethos, Church of the City, CrossPoint, and a variety of church denominations, including the Antioch Church Network
- Regular podcast guest, most notably for *Don't Mom Alone* and *Mercy Multiplied*
- School and university chapel speaker, most recently at Lipscomb University

ABOUT THE PUBLISHER, HIM PUBLICATIONS

HIM Publications is an imprint of Harrington Interactive Media which began in 2017 in partnership with Discipleship.org and has distributed over 100,000 units in the discipleship and church resources categories. Their audience is primarily among conservative churches (e.g., Southern Baptist churches, non-denominational churches, and Independent

Christian churches, etc.). They've published titles by authors such as Bill Hull (founder of The Bonhoeffer Project), Dave Clayton (founder of Awaken Nashville), and Jim Putman (cofounder of the Relational Discipleship Network), with a growing national and international audience.



FIRST FREEDOMS

Drawing Near to God by Cultivating a Wholehearted Prayer Life

JENNIFER BARNETT

Order at FirstFreedomsBook.com

ON THE BOOK

OVERVIEW

First Freedoms is an initial step in accessing a much-needed tool kit for the discipleship and equipping of a wholehearted prayer life, but it also leads to a greater understanding of God's heart for freedom, other types of prayer, and how to walk as a Spirit-led, mature follower of Jesus. Barnett's book is a guide for all Christians, both new converts and seasoned believers, in finding true spiritual healing and freedom.

RELEVANCE

- This book offers spiritual insights for both new believers and longtime converts. But just because someone has been a believer a long time doesn't mean they have a deep relationship with God. This book explains how to obtain this intimacy with God.
- Churches can use this book to foster spiritual growth and maturity amid their congregations.
- Many Christians have experienced damaging relationships that leave deep emotional scars. *First Freedoms* provides a way to find inner healing through prayer.

WHAT'S INSIDE

- Strategies on finding spiritual freedom from spiritual bondage.
- A pathway to inner healing from emotional and spiritual scars.
- A mixture of personal stories with biblical stories and teachings that resonate with readers and drive home Jennifer's points.
- A discussion on revitalizing one's prayer time and communion with God.
- Questions and prompts that engage on a heart level for both individual and group study.

CONVERSATIONS

- What are the most common barriers to a rich prayer life?
- What's unique about your approach to prayer ministry?
- What does freedom in Christ look like in the day-to-day life of a Christian?
- What effects have you seen firsthand by those who have followed the steps listed in your book?
- How can I start a Freedom Prayer team in my church?

ENDORSEMENTS

Deeply profound yet wonderfully practical. . . . My life, ministry, and church family have been forever shaped and blessed by the realities that Jen puts forth in this book.

Dave Clayton, author of *Revival Starts Here* and pastor at Ethos Church, Nashville, TN

First Freedoms is the book every church leader should be fighting for and knows they need but has never had packaged like this. . . . Every ministry leader needs to work through this book.

Rachel Faulkner Brown, director of Be Still Ministries and Never Alone Widows

I have no doubt all who read this will be inspired and challenged to cultivate a deeper prayer life and walk with Jesus.

Dr. Darren Whitehead, senior pastor, Church of the City, Franklin, TN

I highly recommend you take your time with *First Freedoms*, both alone and with others. It will be transformational.

Andy Reese, author and president of Freedom Prayer

CONTACT

To book Jennifer Barnett, contact Chad Harrington, 615-440-7585, info@himpublications.com.